



# PPCT

## TPR INSTRUCTOR CERTIFICATION

(Defensive Tactics Instructor)

### WHEN

February 17- 21, 2025

9 am – 5pm



### WHERE

**Arapahoe Community  
College Law Enforcement  
Academy**

5900 S. Santa Fe Drive, Littleton, Colorado

**\$600 per Student**

**\$500 for Recert (February 19-21)**

Instructors · David Bruce ·

Contact us at [David.Bruce@arapahoe.edu](mailto:David.Bruce@arapahoe.edu)

for more info or to register send names and email addresses

PPCT is the first subject control system developed through tactical, legal and medical research. Tactically, the system addresses the most common types of resistance officer's encounter, allowing the instructor to maximize training on job related techniques. Legally, the PPCT System teaches a simple use of force continuum that clarifies the appropriate force level for every level of resistance. Medical research was conducted on every PPCT technique to refine technique efficiency and to ensure the medical implications were proportional to the level of resistance.

This 40-hour instructor course prepares students to instruct the CO POST approved PPCT Threat Pattern Recognition Use of Force System and/or any portion of that system; refines the student's physical technique; and presents instructional methods for teaching survival skills.

### COURSE TOPICS

*TPR Methodology*

*PPCT Design Methodology*

*Combat Human Factors*

*Combat Use of Force and  
Survival Principles*

*Tactical Handcuffing System*

*Escort Position and Joint Lock  
Control*

*Pressure Point Control Tactics*

*Defensive Counterstrikes*

*Shoulder Pin Restraint System*

*Impact Weapon System*

*Weapon Retention and  
Disarming System*